

Whistler Sailing Association



Discover Sailing Program for Schools



Discover Sailing for Schools

Course Description

Our Discover Sailing program is a great way to introduce your class to sailing in a fun and safe environment. The focus is on teaching the basic terminology and techniques of sailing and then getting the students on the water, so they can experience sailing first hand.

Courses Overview: **Note: 1 day courses are common.

Day 1: 9 am to 3 pm

Basics of sailing, wind, rigging and safety briefing

1hr. On water lesson, steering

Lunch

On water lesson, boat control, tacking

Day 2: 9am to 3 pm

Rigging

On water lesson, Gybing, docking

Lunch

Afternoon lesson, sail trim technique, team work

These are basic guidelines only, courses times can be adapted to the schedule of your school.

This course is ment to be an introduction to sailing it can be taught **both as a 1 or 2 day program.**

The Facilities

Instruction takes place on the waters of Alta Lake at the former Youth hostel, south of Rainbow Park. The large lawn and low bank frontage access gives us easy access to the water.



Discover sailing is taught using Pirate dinghies or Optimist Sailboats.



Instructors & Volunteers

All our senior instructors are Canadian Yachting Association trained and certified. Assistance will also be provided by adult Whistler Sailing volunteers, and instructors-in-training. The ratio of certified instructor to student is up to 10 students per instructor. All instructors and volunteers are subject to an RCMP Criminal Record Check.

Safety Boats

The instructors will be in a motorized inflatable safety boats, and will control the students when they are on the water. They can be used to get to any of the sailboats in case of an emergency. A minimum of 2 boats will be on the water during the courses. Each boat also carries on board a full first aid kit. WSA now owns 5 coach boats.



Dates, Booking and Availability

Discover Sailing is offered in the spring from mid May to the end of June. Please book early to assure your class of the ideal dates, but not later than two weeks prior to the course start. If the winds and weather appear to put the safety of students at risk, another “on water” sailing date will be chosen.

Location

The Whistler Sailing Association is located at 5678 Alta Lake Road, at the former Youth Hostel on the west side of Alta lake. Our administrative office is located at 6468 Balsam Way, Whistler, BC, V8E 0C5

For any information about this program

Call Francois Hebert, Head Coach, at 604 902 4836 or email info@whistlersailing.com.



Transport

Transport to the site is the responsibility of the school.

Registration and Payment

Each student requires a separate registration form, to be signed by the parent or guardian. Also required for each student : a Physical Fitness Form and a Release of Liability Form

Sample letter to parents for teacher to use.

**WHISTLER SAILING ASSOCIATION
DISCOVER SAILING PROGRAM**

www.whistlersailing.com

6468 Balsam Way, Whistler, BC, V0N 1B6.

info@whistlersailing.com Phone: 604 902 4836

Date

Dear Parent / Guardian:

Your son or daughter will be participating in an exciting introductory sailing course in May and/or June. This unique program is designed to expose students to the sport of sailing and introduce boating safety, and give children confidence in boating on the water. The class will be conducted in an educational format where students will learn how to rig a small sailboat, launch, control sails, and steer, while working as a team with others in each of their boats.

The class will be hosted by the **Whistler Sailing Association** in partnership with the British Columbia Sailing Association. Activities will be conducted on the water at our facilities located at 5678 Alta Lake Road (the former Youth Hostel). Transportation will be provided. **(Add transportation details here)**. Students will be taught by the Whistler Sailing Association instructing staff who are Canadian Yachting Association certified, trained in life saving and water safety programs, and experienced with conducting lessons in an educational, fun, yet safe manor. A supervising teacher from the school will also be present both on and off the water.

Fees:

Fees must be submitted with the registration form to the school teacher no later than the start date of the course. If the form is incomplete or payment is missing, the student will not be allowed to participate.

What students should bring:

Students need to bring appropriate clothing for the weather. They **WILL** get wet at least up to the waist. Note that temperatures on the water are often much cooler than on land, therefore, bring appropriate layers. A windbreaker jacket is strongly recommended no matter what the weather conditions look like. Also bring a full change of clothes and close-toed shoes that can also get wet and won't fall off if they end up swimming (ie – old sneakers, “aquasocks”, etc.) Hat and sunscreen are recommended for sunny days. the Whistler Sailing Association will provide lifejackets, however, they are encouraged to bring their own if they have one. Please also bring an adequate lunch, snack and water.

If you have further questions, please contact your teacher or Francois Hebert , Head Coach 604-902-4836 email frankskisail@gmail.com .

Sincerely,

Patrick McCurdy, President
Whistler Sailing Association
(604) 932-7782, info@whistlersailing.com