

**Whistler Sailing Association  
Discover Sailing Program 2018  
Grades 3 -7**



**Our fleet of Optimist Sailboats sailing on Alta Lake, Whistler, BC.**

# Discover Sailing

Grade 3 to Grade 7

## Course Description

Our Discover Sailing program is a great way to introduce your class to sailing in a fun and safe environment. The focus is on teaching the basic terminology and techniques of sailing and then getting the students on the water, so they can experience sailing first hand.

Day 1 : 9 am to 3 pm at the Lake

Basics of sailing, wind , rigging and safety briefing 1hr.

On water lesson, steering

Lunch

On water lesson , boat control , tacking

Day 2: 9am to 3 pm

Rigging

On water lesson, gibing, docking

Lunch

Afternoon lesson, sail trim technique, team work

These are basic guidelines only, courses times can be adapted to the schedule of your school.

This course is meant to be an introduction to sailing. It can be taught **both as a 1 or 2 day program.**

Discover Sailing for Grades 3 to 7 is taught with “Optimist” dinghies. The Optimist is used world-wide for instruction and as an international racing class.



Whistler Sailing students sailing “Optimists” by the club house

## The Facilities

Instruction takes place on the waters of Alta Lake at the former Youth hostel, south of Rainbow Park. The large lawn and low bank frontage access gives us easy access to the water.

## Our Sailing Centre at the Pointe , on Alta Lake.



### **Instructors & Volunteers**

All our senior instructors are Canadian Yachting Association trained and certified. Assistance will also be provided by adult Whistler Sailing volunteers, and instructors-in-training. The ratio of certified instructor to student is up to 10 students per instructor. All instructors and volunteers are subject to an RCMP Criminal Record Check.

### **Safety boats**

The instructors will be in a motorised inflatable safety boats, and will control and give the students direction when they are on the water. They can quickly come to the aid of sailboats in case of an emergency. A minimum of 2 boats will be on the water during the courses. WSA has a fleet of 3 safety boats.

Each safety boat also carries, on board, a full first aid kit.

One of our safety boats on Alta Lake.



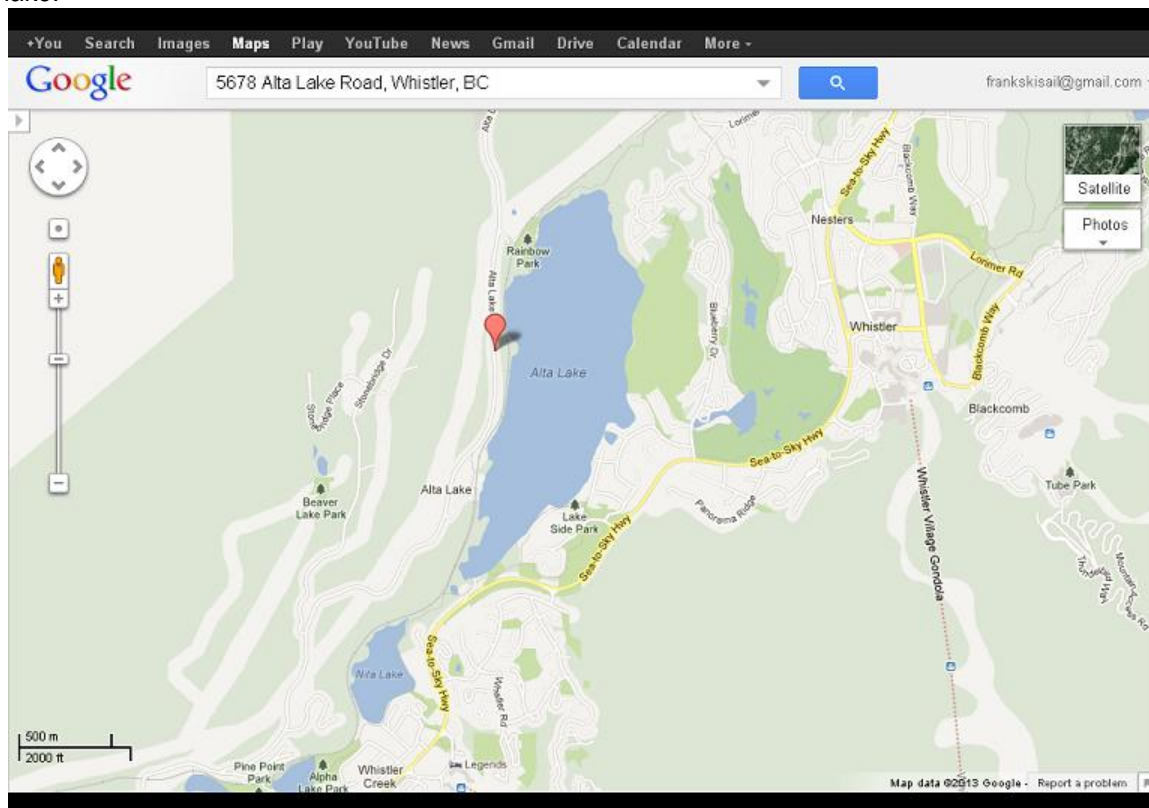
## Dates, Booking and Availability

Discover Sailing is offered in the spring and fall. Please book early to assure your class of the ideal dates, but not later than two weeks prior to the course start. If the winds and weather appear to put the safety of students at risk, another “on water” sailing date will be chosen.

For the season, the program will run Monday to Friday from May 5<sup>th</sup> to June 27<sup>th</sup> for the spring, and September 8<sup>th</sup> to October 10<sup>th</sup>, for the fall.

## Location

The Whistler Sailing Association is located at 5678 Alta Lake Road, at the former Youth Hostel on the West side of Alta lake.



Our administrative office is located at 6468 Balsam Way, Whistler, BC, V0N 1B6

For any information about this program

Call Francois Hebert, Head Coach, at 604 902 4836 or email at [info@whistlersailing.com](mailto:info@whistlersailing.com)

Or Patrick McCurdy, Commodore, at (604) 932-7782

## Transport

Transport to the site is the responsibility of the school.

## How do I register my class for Discover Sailing ?

Each parent or guardian must complete the following:

1. A registration form
2. Physical Fitness Form

### **3. Release of Liability Form**

In an effort to reduce paper and simplify our record keeping, we are now able to offer online registration.

#### **Online registration.**

- 1. A link will be emailed to the teacher.**
- 2. The teacher will forward the link to the parents.**
- 3. The parents or guarding may complete the required information on line.**
  - a. Registration form**
  - b. Physical Fitness Form**
  - c. Release of Liability Form**

#### **Payment:**

**Cheques or cash are preferred. Cheque are to payable to the Whistler Sailing Association, we will only accept cheques from the school for the full amount of the activity. We will not accept cheques from each individual student. Specific payment instructions for each class will be arranged with the class teacher & principal.**

# QUOTE

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Whistler Sailing Association  
6468 Balsam Way,  
Whistler, BC, V0N 1B6 (604) 902 4836  
[info@whistlersailing.com](mailto:info@whistlersailing.com)

DATE: FEBRUARY 13, 2018  
QUOTE # 110

TO Xyz School

| ESTIMATED<br>NUMBER OF<br>STUDENTS | COST | TOTAL   |
|------------------------------------|------|---|
| 25                                 | \$30 | \$750<br>no taxes applicable to<br>this program |
|                                    |      |   |

Dates Available: May 4th to June 26<sup>th</sup> and September 7th to October 9th .

If you have any questions please don't hesitate to contact us or have a look at our website at [www.whistlersailing.com](http://www.whistlersailing.com)

Thanks,

Francois Hebert  
WSA Head Coach ,  
(604) 902-4836  
[info@whistlersailing.com](mailto:info@whistlersailing.com)

**WHISTLER SAILING ASSOCIATION**

**DISCOVER SAILING PROGRAM**

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Head Coach , 604 902 4836

**REGISTRATION FORM**

Course Start Date: \_\_\_\_\_, Fee \$ \_\_\_\_\_

Participant's Name: \_\_\_\_\_ Male / Female (circle)

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ P/C: \_\_\_\_\_

Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (dd/month/yyyy) Age \_\_\_\_\_ (at June 30)

Previous sailing experience, if any: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Home phone: \_\_\_\_\_ Other (cell): \_\_\_\_\_

E-mail address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Ph: \_\_\_\_\_ Relation: \_\_\_\_\_

**IMPORTANT!**

- 1) Complete the registration form (above)
- 2) Complete the "Physical Fitness" Form
- 3) Complete the "Release of Liability, Hold Harmless, and Indemnity Agreement"

For each student each of the above forms must be completed, signed by a parent or guardian, and submitted to the teacher with payment prior to course begin, otherwise the student may not participate.

Instruction Location: 5678 Alta Lake Road, Whistler (the old Youth Hostel site)

Make individual cheques payable to:

**Your School** ( the school will consolidate the fees and pay Whistler Sailing Association)

**CANCELLATION POLICY:**

1. All accepted registrations are subject to a \$35 cancellation fee for sailing courses.
2. There will be no refunds for cancellations made within 14 days of the scheduled start date. (Exceptions may be made if the cancellation is due to illness or injury)
3. There will be no refunds after the start date for the course with zero exceptions.
4. If you are put on a wait list, your enrollment is assumed unless the club is notified otherwise. If a vacancy arises within your requested time frame, you will automatically be enrolled in the course and therefore will be subject to the afore stated cancellation policy.
5. Whistler Sailing Association may cancel any course due to insufficient students or other reasons beyond its control. In such circumstances registrants will receive a full refund.

Further information or questions about the WHISTLER SAILING ASSOCIATION JUNIOR SAILING PROGRAM or about the form completion should be directed to Head Coach, Francois Hebert. [info@whistlersailing.com](mailto:info@whistlersailing.com) Phone: 1 604 902 3686

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**PHYSICAL FITNESS INFORMATION FORM**

NOTE: This form must be filled out by the parent/guardian of the participant. It is the parent/guardian's responsibility to update the club of any changes in their child's medical condition throughout the sailing season and/or program.

**Medical Information:**

Participant's Name: \_\_\_\_\_ Male / Female (circle)

Does the participant have any allergies? Yes No (If yes, please specify): \_\_\_\_\_

Has participant any conditions or illness, which might limit activities? Yes No (If yes, specify):



Does Participant have any psychological limitations? (e.g. fear of heights, water, etc.) Yes /No (If yes, please explain): \_\_\_\_\_

Are there any other conditions that the instructing staff should be aware of? Yes No (If yes, please explain):

\_\_\_\_\_

Parent/Guardian's Name (please print)

\_\_\_\_\_

Signature: \_\_\_\_\_

Date (dd/month/yyyy): \_\_\_\_/\_\_\_\_\_/\_\_\_\_

(All information collected will be kept in strict confidence and only accessed by those in official capacity)



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**RELEASE OF LIABILITY, HOLD HARMLESS AND INDEMNITY AGREEMENT**

In consideration of the Whistler Sailing Association allowing my child to participate in courses noted on my application, I, on behalf of myself and my child, hereby release the Whistler Sailing Association, and Resort Municipality of Whistler (RMOW), and their respective officers, directors and members, any volunteers, parents of other children, and other participants from any claims or causes of action that may arise as a result of my child's, or my, participation. This includes demands in respect to death, injury, loss, or damage to my child or my property, howsoever caused, arising out of or in connection with my child taking part in this course notwithstanding that the same may have been contributed to or caused or occasioned by the negligence of the same bodies, or any of them, or their agents, officials, servants, or representatives.

I acknowledge that by participating in this course my child may be subjected to risks of injury of every nature. My child's activities may include the maneuvering of a boat or other watercraft in deep waters and in potentially hazardous conditions which could include, among other risks, cold water temperatures with exposure to hypothermia, strong winds and high waves, sudden and unexpected immersion in deep waters as well as collision with other watercraft or stationary objects such as docks, pilings and buoys. In the event my child or other family member or anyone on behalf of my child should attempt to pursue any claim against any of the released parties,

I hereby agree to hold harmless and to indemnify such parties from any and all claims that may be brought against them including actual attorneys fees or costs that may be incurred in defending such claims. I accept responsibility for the participation of my child and agree that it is my responsibility to determine whether my child should be participating.

I also agree that my child and I are also bound by the rules, which may govern my child's participation in this event.

This Release, Hold Harmless and Indemnity Agreement is intended by me to be without exception. It applies to any and all claims that might arise under any theory of liability.

Parent/Guardian's Name (please print):

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Signature: \_\_\_\_\_ Date (dd/mm/yy): \_\_\_\_/\_\_\_\_/\_\_\_\_

Sample letter to parents for teacher to use.

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Date

Dear Parent / Guardian:

Your son or daughter will be participating in an exciting introductory sailing course this spring. This unique program is designed to expose students to the sport of sailing and introduce boating safety, and give children confidence in boating on the water. The class will be conducted in an educational format where students will learn how to rig a small sailboat, launch, control sails, and steer, while working as a team with others in each of their boats.

The class will be hosted by the **Whistler Sailing Association** in partnership with the British Columbia Sailing Association. Activities will be conducted on the water at our facilities located at 5678 Alta Lake Road (the former Youth Hostel). Transportation will be provided by the school. **(Add transportation details here)**. Students will be taught by the Whistler Sailing Association instructing staff who are Canadian Yachting Association certified, trained in life saving and water safety programs, and experienced with conducting lessons in an educational, fun, yet safe manor. A supervising teacher from the school will also be present both on and off the water.

**Fees:**

The fee for the course is \$25 per day. Fees must be submitted with the registration form to the school teacher no later than the start date of the course. If the form is incomplete or payment is missing, the student will not be allowed to participate.

**What students should bring:**

Students need to bring appropriate clothing for the weather. They **WILL** get wet at least up to the waist. Note that temperatures on the water are often much cooler than on land, therefore, bring appropriate layers. A windbreaker jacket is strongly recommended no matter what the weather conditions look like. Also bring a full change of clothes and close-toed shoes that can also get wet and won't fall off if they end up swimming (ie – old sneakers, “aquasocks”, etc.) Hat and sunscreen are recommended for sunny days. the Whistler Sailing Association will provide lifejackets, however, students are encouraged to bring their own if they have one. Please also bring an adequate lunch, snack and water. A secure storage location for personal items will be provided in the Club House. Washrooms are also available on site.

If you have further questions, please contact your teacher or Francois Hebert ,  
Head Coach 604-902-4836 email [info@whistlersailing.com](mailto:info@whistlersailing.com)

Sincerely,  
Patrick McCurdy, President